

Remote learning guidelines for students



Stay connected



Keep in touch with your teacher and classmates during this challenging time. Reach out to your parent, carer or teacher if you need additional help.

Ask questions



If you don't understand something, ask your teacher or classmates.

Set up your workspace



Work in a quiet area, at a desk or table and try to limit distractions.

Take breaks



Take breaks away from your work. Move around and try not to sit down all day.

Your normal routine



Eat breakfast, brush your teeth and get dressed in the morning.

Learning online



If you're on a call with your teacher, stay focused on the call. Avoid reading chats or looking at other tabs.

Build in fun



Take some time to be creative or tune into the daily NSW Education livestream.